

Hometown Weekly
Mother's Day

A Mother's Day Letter

By Leah J. Matuson

For all those times you weren't sure what to do, didn't understand why or how, but knew you had to do something because you were *the Mom*, this letter is for you. You should have received it upon your passage into "Momhood." You didn't? Perhaps it got lost -- but not to worry. Now you can take the time to read it, nod your head knowingly, and hopefully smile.

"Congratulations!

You are now a Mom! Any ideas you may have had previously regarding life and raising kids can be thrown out the window. You are now listed amongst the ranks of worriers, boo-boo kissers, nursery rhymers, lullaby singers and nose wipers. You will experience frustration, fear, sorrow, anger and a wide range of other emotions you never knew existed, or just thought were old wives' tales. AND, you will also experience supreme happiness at levels of which you had never dreamed.

You will do everything you possibly can do to *not* have your children hurt or upset, but you will also come to realize that there are those times when your children must experience their own hurts and upsets. And, as time goes on, you'll also realize that you won't have much of a say in any of that. Meanwhile, you can teach them by example, love them, care for them, share your wisdom, and show them what is right, and what is not.

You are the UR, the Ultimate Reminder, always helping to remind them about what it means to be a good, compassionate human being while encouraging them to test out their own theories (carefully of course)!

Know that many have come before you and many will come after, but you and your children are special. Nurture, love and enjoy them. Oh, and don't bother looking for a 1-800-MOM-HELP number, there isn't one. But rest assured, all the answers are within you (whether or not you may think so). Just trust in yourself and everything else will fall into place."

So whether it's your first Mother's Day or your 51st, take time to smell the flowers, give yourself a big pat on the back and have a wonderfully happy Mother's Day!

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